

The Red Lion

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Gluten Free Menu

See blackboards for daily specials and puddings

Our food is cooked fresh to order. Delays may occur during busy periods.

Light bites

Soup of the day **£5.50**

Deep fried halloumi sticks, green tomato chutney **£6.25** (v)

Jacket potatoes (lunchtime only)

Cheese & beans **£7.50** (v)

Tuna mayo **£7.50**

Pulled pork & cheese melt **£7.50**

Butternut squash, spinach & chickpea curry **£7.50** (v)(vv)

Burgers

Beef burger, burger sauce, chips, slaw & salad **£9.95**

BBQ pulled pork, fries, slaw, red onion chutney & salad **£9.95**

Garlic & herb chicken burger, fries, aioli, slaw & salad **£9.95**

All burgers: choice of cheese, bacon or egg **£1 extra**

Ham, oven baked chips & fried eggs **£9.95**

Pork sausages & mash (mustard, chive, horseradish or plain), garden peas & onion gravy **£9.95**

Steak, oven baked chips, grilled tomato, mushroom & salad

8oz Rump **£14.95** 8oz Rib-eye **£16.95**

Peppercorn or garlic butter **£1.50 extra**

Gammon steak, oven baked chips, fried egg, grilled tomato & garden peas **£12.95**

Butternut squash, spinach & chickpea curry, steamed rice, mango chutney & poppadum **£9.95** (v)(vv)

Salads

Cajun chicken Caesar **£9.50**

Sesame falafel, smashed avocado, heritage tomatoes, olives, garlic tahini dressing **£9.25** (v)(vv)

Sides

Mixed olives **£2/£4** (v)

Oven baked chips **£3** (v)

Cheesy chips **£4** (v)

Chips, ham & cheese **£5**

Mixed salad **£3** (v)

Hot drinks

Americano **£1.80**

Cappuccino **£2.20**

Caffé Latte **£2.20**

Espresso **£1.50**

Double espresso **£2**

Mocha **£2.20**

Tea **£1.80**

Hot chocolate **£2.20**

Fresh grilled haddock, oven baked chips, garden or mushy peas & tartar
Available – Tuesday evening and Wednesday!!!